

Dental Benefit

UnitedHealthcare[®] Community Plan Dental Clinical Policy

Space Maintenance (For Ohio Only)

Policy Number: CSDEN336OH.A Effective Date: December 1, 2023

Instructions for Use

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Related Dental Policies

None

Application

This Dental Policy only applies to the state of Ohio. Any requests for services that are stated as unproven or services for which there is a coverage or quantity limit will be evaluated for medical necessity using Ohio Administrative Code 5160-1-01.

Coverage Rationale

Space Maintainers are indicated for maintaining space due to premature loss of a primary tooth/ teeth.

Space Maintainers are contraindicated for the following:

- When permanent tooth/teeth is/are close to eruption .
- Member is not compliant or has poor oral hygiene
- Severe crowding already exists
- Space has already been lost

Definitions

Necessary: Dental Services and supplies which are determined through case-by-case assessments of care based on accepted dental practices to be appropriate; and

- Needed to meet your basic dental needs; and •
- Rendered in the most cost-efficient manner and type of setting appropriate for the delivery of the dental service; and .
- Consistent in type, frequency and duration of treatment with scientifically based guidelines of national clinical, research, or health care coverage organizations or governmental agencies that are accepted; and
- Consistent with the diagnosis of the condition; and
- Required for reasons other than the convenience of you or your dental provider; and
- Demonstrated through prevailing peer-reviewed dental literature to be either:
 - Safe and effective for treating or diagnosing the condition or sickness for which its use is proposed; or 0
 - 0 Safe with promising efficacy:

Space Maintenance

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- For treating a life threatening dental disease or condition; and
- In a clinically controlled research setting; and

Using a specific research protocol that meets standards equivalent to those defined by the National Institutes of Health

Space Maintainer: A passive appliance, usually cemented in place, that holds teeth in position. (ADA)

Applicable Codes

The following list(s) of procedure and/or diagnosis codes is provided for reference purposes only and may not be all inclusive. Listing of a code in this guideline does not imply that the service described by the code is a covered or non-covered health service. Benefit coverage for health services is determined by the member specific benefit plan document and applicable laws that may require coverage for a specific service. The inclusion of a code does not imply any right to reimbursement or guarantee claim payment. Other Policies and Guidelines may apply.

CDT Code	Description
D1510	Space maintainer - fixed - unilateral - per quadrant
D1516	Space maintainer - fixed - bilateral, maxillary
D1517	Space maintainer - fixed - bilateral, mandibular
D1520	Space maintainer - removable - unilateral - per quadrant
D1526	Space maintainer - removable - bilateral, maxillary
D1527	Space maintainer - removable - bilateral, mandibular
D1551	Re-cement or re-bond bilateral space maintainer - maxillary
D1552	Re-cement or re-bond bilateral space maintainer - mandibular
D1553	Re-cement or re-bond unilateral space maintainer - per quadrant
D1556	Removal of fixed unilateral space maintainer – per quadrant
D1557	Removal of fixed bilateral space maintainer - maxillary
D1558	Removal of fixed bilateral space maintainer - mandibular
D1575	Distal shoe space maintainer - fixed - unilateral - per quadrant
D1999	Unspecified preventive procedure, by report

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Description of Services

Space Maintainers are passive appliances designed to prevent tooth movement following premature loss of primary teeth so permanent teeth can erupt into proper position. Additionally, the goal of space maintenance is to prevent loss of arch length, width and perimeter by maintaining the relative position of the existing dentition.

References

Alnahwi HH, Donly KJ, Contreras CI. Space loss following premature loss of primary second molars. Gen Dent. 2015 Nov-Dec;63(6):e1-4. Erratum in: Gen Dent. 2016 Jan-Feb;64(1):79.

American Academy on Pediatric Dentistry Clinical Affairs Committee-Developing Dentition Subcommittee; American Academy on Pediatric Dentistry Council on Clinical Affairs. Guideline on management of the developing dentition and occlusion in pediatric dentistry. Pediatr Dent. 2008-2009;30(7 Suppl):184-95.

American Dental Association (ADA) CDT 2023 Dental Procedure Code Book.

American Dental Association (ADA). Glossary of Dental Clinical and Administrative Terms.

Basavaraj Subhashchandra Phulari. Orthodondics: Principles and Practice. Chapter 19 Preventive Orthodontics. Jaypee Brothers Medical Publishers; 2011. p. 244-245.

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Peterson and Davis. Atlas of Pediatric Dentistry. Space Management in Pediatric Dentistry. Available at: <u>http://depts.washington.edu/peddent/AtlasDemo/space002.html</u> (Accessed September 1, 2022).

Policy History/Revision Information

Date 12/01/2023

New dental policy

Summary of Changes

Instructions for Use

This Dental Policy provides assistance in interpreting the UnitedHealthcare Community Plan of Ohio dental benefit plans. When deciding coverage, the member specific benefit plan document must be referenced as the terms of the member specific benefit plans may differ. In the event of a conflict, the member specific benefit plan document governs. Before using this policy, please check the member specific benefit plan document and any applicable federal or state mandates. UnitedHealthcare reserves the right to modify its Policies and Guidelines as necessary. This Dental Policy is provided for informational purposes. It does not constitute the practice of medicine or medical advice.

Archived Policy Versions

Effective Date	Guideline Number	Guideline Title
N/A	N/A	N/A